

GUIDELINES FOR FRUIT BARS--CONTINUED

ITEM	PORTION SIZE	100 PORTIONS	
		A.P. WT OR CONTAINER	E.P.
Coconut, prepared, sweetened, flakes	1 tbsp	1 lb 5 oz
Fruit cocktail, canned, drained	1/2 cup (4 oz).	42 lb 3 oz (6 ¹ / ₄ -No. 10 cn) . . .	27 lb 12 oz.
Fruits, chunks, mixed, canned, drained	1/2 cup (3 oz).	39 lb 2 oz (5 ³ / ₄ No. 10 cn) . . .	26 lb 3 oz.
Grapefruit, canned, drained	1/2 cup (4 oz).	46 lb 14 oz (15-No. 3 cyl cn or 47-No. 303 cn)	25 lb 10 oz.
Grapefruit, fresh, halved	1/2 grapefruit (8 ³ / ₄ oz)	54 lb 11 oz.
Grapefruit, fresh, segments	1/2 cup (4 oz).	48 lb	25 lb
Grapes, fresh.	1/2 cup (2 ¹ / ₂ oz).	16 lb 11 oz.
Honeyball melons, fresh, seeded, unpared, sliced	1/10 melon (3 oz).	40 lb 15 oz.
Honeyball melons, fresh, seeded, pared, ³ / ₄ to 1 inch pieces	1/2 cup (2 ¹ / ₂ oz).	37 lb 14 oz.	17 lb 7 oz.
Honeydew melons, fresh, seeded, unpared, sliced	1/10 melon (3 oz).	40 lb 15 oz.

REVISION

(OVER)

ITEM	PORTION SIZE	100 PORTIONS	
		A.P. WT OR CONTAINER	E.P.
Honeydew melons, fresh, seeded, pared, ³ / ₄ to 1 inch pieces	1/2 cup (2 ¹ / ₂ oz).	37 lb 14 oz.	17 lb 7 oz.
Kiwifruit, fresh, pared, ³ / ₈ inch slices	2 slices (1/2 oz).	5 lb 14 oz.	5 lb 1 oz.
Mangoes, fresh, pared, ¹ / ₂ by ³ / ₄ by ¹ / ₂ inch cubes	1/2 cup (3 oz).	27 lb 12 oz.	19 lb 3 oz.
Mangoes, fresh, pared, seeded, ¹ / ₂ inch slices cut in half	4 slices (2 oz).	18 lb 9 oz.	12 lb 12 oz.
Nectarines, fresh.	1 nectarine (4 ¹ / ₂ oz)	28 lb 2 oz
Oranges, fresh, peeled, sliced, ³ / ₈ inch	3 slices (2 oz).	20 lb 9 oz.	14 lb 9 oz.
Oranges, fresh.	1 orange (6 oz).	37 lb 8 oz.
Oranges, Mandarin, canned, drained	1/4 cup (1 ¹ / ₂ oz).	20 lb 4 oz (3-No. 10 cn)	10 lb 15 oz.
Papaya, fresh, pared, seeded, ¹ / ₂ by ³ / ₄ by ¹ / ₂ inch cubes	1/2 cup (2 ¹ / ₂ oz).	24 lb.	15 lb 11 oz.

(CONTINUED)