

GUIDELINES FOR FRUIT BARS--CONTINUED

ITEM	PORTION SIZE	100 PORTIONS	
		A.P. WT OR CONTAINER	E. P.
Papaya, fresh, pared, seeded, 1/2 inch slices	3 slices (2 oz).	22 lb 8 oz.	14 lb 11 oz.
Peaches, canned, halves, drained	2 halves (4 oz).	45 lb 9 oz (6 ³ / ₄ -No. 10 cn). . .	27 lb 7 oz.
Peaches, canned, quarters/slices, drained	1/2 cup (4 oz).	43 lb 14 oz (6 ¹ / ₂ -No. 10 cn). .	27 lb.
Peaches, fresh.	1 peach (4 oz).	25 lb.
Peaches, frozen, partially thawed	1/2 cup (4 oz).	27 lb 13 oz (4 ¹ / ₄ -No. 10 cn).
Pears, canned, halves, drained	2 halves (3 ¹ / ₂ oz). .	41 lb 7 oz (6 ¹ / ₄ -No. 10 cn). . .	25 lb.
Pears, canned, quarters/slices, drained	1/2 cup (3 ¹ / ₂ oz). . .	36 lb 7 oz (5 ¹ / ₂ -No. 10 cn). . .	22 lb 8 oz.
Pears, fresh.	1 pear (5 ¹ / ₂ oz). . .	36 lb.
Persian melons, fresh, seeded, unpared, sliced	1/10 melon (3 oz). . .	45 lb 13 oz.
Persian melons, fresh, seeded, pared, 3/4 to 1 inch pieces	1/2 cup (2 ¹ / ₂ oz). . .	41 lb 4 oz.	17 lb 5 oz.
Pineapple, canned, chunks/tidbits, drained	1/2 cup (3 ¹ / ₂ oz). . .	37 lb 2 oz (5 ¹ / ₂ -No. 10 cn)	22 lb 10 oz.

REVISION

(OVER)

ITEM	PORTION SIZE	100 PORTIONS	
		A.P. WT OR CONTAINER	E. P.
Pineapple, canned, slices, drained	2 slices (2 oz).	25 lb 5 oz (3 ³ / ₄ -No. 10 cn). . .	14 lb 7 oz.
Pineapple, fresh, pared, cored, 3/4 to 1 inch pieces	1/2 cup (2 ¹ / ₂ oz). . .	33 lb 4 oz.	17 lb 5 oz.
Plums, canned, drained. . .	3 plums (2 ¹ / ₂ oz). . .	32 lb 1 oz (4 ³ / ₄ -No. 10 cn). . .	17 lb 13 oz.
Plums, fresh.	1 plum (2 ¹ / ₂ oz). . .	15 lb 10 oz.
Prunes, whole, canned, drained	3 prunes (1 ¹ / ₂ oz). . .	10 lb 1 oz (1 ² / ₅ -No. 10 cn). . .	9 lb 10 oz.
Raisins.	1 tbsp.	2 lb 4 oz (1/2-No. 10 cn).
Raspberries, frozen, partially thawed	1/2 cup (4 oz).	27 lb 13 oz (4 ¹ / ₄ -No. 10 cn)
Strawberries, fresh, sliced. .	1/2 cup (2 ¹ / ₂ oz). . .	18 lb 4 oz.	17 lb 3 oz.
Strawberries, fresh, whole or cut in half	1/2 cup (2 ¹ / ₂ oz). . .	16 lb 9 oz.	15 lb 10 oz.
Strawberries, frozen, sliced, partially thawed	1/2 cup (4 oz).	27 lb 13 oz (4 ¹ / ₄ -No. 10 cn)
Tangelos, fresh.	1 tangelo (6 oz). . .	37 lb 8 oz.
Tangerines, fresh.	1 tangerine (3 ¹ / ₂ oz)	22 lb 15 oz.
Watermelons, fresh, unpared, wedge (1 inch by 4 inches)	1 wedge (4 oz).	51 lb.
Watermelons, fresh, pared, 3/4 to 1 inch pieces	1/2 cup (2 ¹ / ₂ oz). . .	34 lb.	17 lb 11.

