

CONVERSION OF QUANTITIES IN RECIPES**Weight Conversion Chart**

The following chart for weights permit easy adjustment of recipes to yield the number of portions actually needed. Since recipes are based on 100 portions, find the amount as specified in the recipe under the column headed 100 portions, and then use the amount shown in the column with the heading for the number of portions to be prepared, i.e., if a recipe for 100 uses 1 pound of flour, find 1 pound under the column headed 100 portions and then look in the column under 125 portions and you will see that you should use 1 pound 4 ounces to prepare 125 portions of the item.

oz-ounce
lb-pound

Weight Conversion Chart

10 Portions	25 Portions	50 Portions	75 Portions	100 Portions	125 Portions	150 Portions	175 Portions	250 Portions	275 Portions	300 Portions
1/10 oz	1/4 oz	1/2 oz	3/4 oz	1 oz	1 1/4 oz	1 1/2 oz	1 3/4 oz	2 1/2 oz	2 3/4 oz	3 oz
1/5 oz	1/2 oz	1 oz	1 1/2 oz	2 oz	2 1/2 oz	3 oz	3 1/2 oz	5 oz	5 1/2 oz	6 oz
3/10 oz	3/4 oz	1 1/2 oz	2 1/4 oz	3 oz	3 3/4 oz	4 1/2 oz	5 oz	7 1/2 oz	8 oz	9 oz
2/5 oz	1 oz	2 oz	3 oz	4 oz	5 oz	6 oz	7 oz	10 oz	11 oz	12 oz
1/2 oz	1 1/4 oz	2 1/2 oz	3 3/4 oz	5 oz	6 oz	7 1/2 oz	8 oz	12 1/2 oz	14 oz	15 oz
3/5 oz	1 1/2 oz	3 oz	4 1/2 oz	6 oz	7 1/2 oz	9 oz	10 1/2 oz	15 oz	1 lb	1 lb 2 oz
7/10 oz	1 3/4 oz	3 1/2 oz	5 oz	7 oz	9 oz	10 1/2 oz	12 oz	1 lb 1 oz	1 lb 3 oz	1 lb 5 oz

REVISION

(OVER)

10 Portions	25 Portions	50 Portions	75 Portions	100 Portions	125 Portions	150 Portions	175 Portions	250 Portions	275 Portions	300 Portions
4/5 oz	2 oz	4 oz	6 oz	8 oz	10 oz	12 oz	14 oz	1 lb 4 oz	1 lb 6 oz	1 lb 8 oz
9/10 oz	2 1/4 oz	4 1/4 oz	7 oz	9 oz	11 oz	13 1/2 oz	1 lb	1 lb 6 1/2 oz	1 lb 9 oz	1 lb 11 oz
1 oz	2 1/2 oz	5 oz	7 1/2 oz	10 oz	12 1/2 oz	15 oz	1 lb 1 1/2 oz	1 lb 9 oz	1 lb 12 oz	1 lb 14 oz
1 1/10 oz	2 3/4 oz	5 1/2 oz	8 oz	11 oz	14 oz	1 lb	1 lb 3 oz	1 lb 12 oz	2 lb	2 lb 1 oz
1 2/5 oz	3 oz	6 oz	9 oz	12 oz	15 oz	1 lb 2 oz	1 lb 5 oz	1 lb 14 oz	2 lb	2 lb 4 oz
1 3/5 oz	3 1/4 oz	6 1/2 oz	10 oz	13 oz	1 lb 1/4 oz	1 lb 3 1/2 oz	1 lb 7 oz	2 lb	2 lb 4 oz	2 lb 7 oz
1 2/5 oz	3 1/2 oz	7 oz	10 1/2 oz	14 oz	1 lb 1/2 oz	1 lb 5 oz	1 lb 8 1/2 oz	2 lb 3 oz	2 lb 7 oz	2 lb 10 oz
1 1/2 oz	3 3/4 oz	7 1/2 oz	11 oz	15 oz	1 lb 3 oz	1 lb 6 1/2 oz	1 lb 10 oz	2 lb 6 oz	2 lb 9 oz	2 lb 13 oz
1 3/5 oz	4 oz	8 oz	12 oz	1 lb	1 lb 4 oz	1 lb 8 oz	1 lb 12 oz	2 lb 8 oz	2 lb 12 oz	3 lb
2 oz	5 oz	10 oz	15 oz	1 lb 4 oz	1 lb 9 oz	1 lb 14 oz	2 lb 3 oz	3 lb 2 oz	3 lb 7 oz	3 lb 12 oz
2 2/5 oz	6 oz	12 oz	1 lb 2 oz	1 lb 8 oz	1 lb 14 oz	2 lb 4 oz	2 lb 10 oz	3 lb 12 oz	4 lb 2 oz	4 lb 8 oz
2 4/5 oz	7 oz	14 oz	1 lb 5 oz	1 lb 12 oz	2 lb 3 oz	2 lb 10 oz	3 lb 1 oz	4 lb 6 oz	4 lb 13 oz	5 lb 4 oz
3 1/5 oz	8 oz	1 lb	1 lb 8 oz	2 lb	2 lb 8 oz	3 lb	3 lb 8 oz	5 lb	5 lb 8 oz	6 lb
3 3/5 oz	9 oz	1 lb 2 oz	1 lb 11 oz	2 lb 4 oz	2 lb 13 oz	3 lb 6 oz	3 lb 15 oz	5 lb 10 oz	6 lb 3 oz	6 lb 12 oz
4 oz	10 oz	1 lb 4 oz	1 lb 14 oz	2 lb 8 oz	3 lb 2 oz	3 lb 12 oz	4 lb 6 oz	6 lb 4 oz	6 lb 14 oz	7 lb 8 oz

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